



Sydney Minor Hockey Development 2024/25

Sydney Minor Hockey 2024/25 Development Program will be led by Justin Hache and Ryan Sparling and coordinated by Chris Cameron. There will be 16 sessions in total over the 2024/25 season offered as eight two-week blocks to players. The blocks were selected based on a poll sent to coaches to identify skills that instructors should focus on for SMHA development sessions. Instructors will select drills for each block and circulate to coaches at the beginning of each block. Instructors will incorporate small area games within each block where possible.

	Block	Dates
1	Mixed skills & drills (skating, passing, puck control, scoring)	October 14 – October 27
2	Shooting to Score	October 28 – November 10
3	Passing Intensive	November 11 – November 24
4	Puck Protection	November 25 – December 8
5	F/D Specific session	December 9 – December 22
6	Advanced puck control session	January 6 – January 19
7	Backwards Skating Intensive	January 20 – January 2
8	Skating with puck with speed session & SAGs	February 3 – February 16

If additional sessions become available in late February or early March 2024, we will offer additional sessions ranked by coaches (e.g., skills through small area games, power skating)